



PALAFIPL

2° TRIALS CLASSIC SENIOR DI POWERLIFTING

13-30 GIUGNO 2019

Pos	Società Femminile	1°	2°	3°	4°	5°	6°	7°	8°	9°	OI	Punti	IPF Points
1	Forma Club Monza	1	1	2	1	1						50	3868,97
2	S S Lazio Powerlifting Roma	1	1			2				2		37	3455,14
3	Vikings Veneto PI Baone Pd		1	2	1				1			35	2881,19
4	La Forza Power Team Reggio Emilia	1			2						3	29	3567,26
5	Strenghtlab Padova		2			1					3	27	3432,48
6	Selezione Atletica Pesante Roma	1					1	1		1	1	24	2831,41
7	Elite Verona Powerlifting	1			1						4	23	3310,14
8	Barbarian's Power Club Parma					1	1	1	2		1	22	3420,54
9	Alex Club Powerlifting Milano	1			1							19	1278,04
10	Asd Palestra Popolare Palermo		1	1								17	1251,30
11	Powerlifting Castiglione D's Mn			1	1						1	16	1756,62
12	Asd Provivirus Prato						1	1	1		1	13	2393,75
13	Asd Bellavista Bologna Powerlifting	1										12	631,68
14	Lions Powerlifting Livorno		1									9	699,20
15	Heart Of Steel Powerlifting Roma			1							1	9	1141,03
16	Powerlifting Genova							2			1	9	1667,79
17	Bullet Proof Powerlifting Lamezia T.					1					1	7	915,74
18	Asd Arezzo Powerlifting- Marciano- Ar					1						6	601,12
19	Silverbacks Torino						1					5	485,77
20	Powerlifting Magenta Mi									1	2	4	1645,58
21	X 3 M Lift Asd Villadose Rovigo										3	3	1572,05
22	Eurolifters Bologna										1	1	556,34

Legenda: 1° = 12 Punti - 2° = 9 Punti - 3° = 8 Punti - 4° = 7 Punti - 5° = 6 Punti - 6° = 5 Punti - 7° = 4 Punti - 8° = 3 Punti - 9° = 2 Punti
 Oltre La Nona Posizione 1 Punto

N B: La classifica viene stilata in base alla somma dei migliori 6 risultati per ogni società .In caso di parità si terrà conto del maggior numero di 1° posti, se vi fosse ancora parità dei 2° posti e così via ,fino al 9° postose persistesse ancora parità si terrà conto della somma dei punti wilks



FIPL

Federazione Italiana PowerLifting - fondata nel 1983

affiliata



International
Powerlifting
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Federation

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Pos	Società Femminile	1°	2°	3°	4°	5°	6°	7°	8°	9°	OI	Punti	Wilks
23	Boars Powerlifting Pesaro										1	1	495,70
24	Toplifters Milano										1	1	484,04
25	Pro Vercelli Pesistica Vercelli										1	1	436,38



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Classifica Finale

Atleta	Società	A N	P P	Sq1	Sq2	Sq3	Bsq	Pa1	Pa2	Pa3	Bpa	St1	St2	St3	Bst	Tot	IpF Points	
-47																		
1	Randone Rachele	Asd Bellavista Bologna	1985	45,78	105,0	107,5	110,0	110,0	47,5	50,0	52,5	52,5	140,0	147,5	-152,5	147,5	310,0	631,68
2	Busellato Lisa	Vikings Veneto PI Baone	1983	46,14	87,5	92,5	-95,0	92,5	55,0	-57,5	-57,5	55,0	125,0	127,5	130,0	130,0	277,5	557,24
3	Galimberti Chiara	Forma Club Monza	1994	44,37	-80,0	80,0	85,0	85,0	57,5	62,5	66,0	66,0	105,0	110,0	120,0	120,0	271,0	555,36
4	Deidda Barbara	Elite Verona Powerlifting	1981	44,40	85,0	90,0	-92,5	90,0	45,0	47,5	50,0	50,0	115,0	120,0	-127,5	120,0	260,0	530,21
5	Illari Lui Bianca	Bullet Proof Powerlifting	1995	44,59	62,5	-67,5	72,5	72,5	32,5	37,5	-40,0	37,5	75,0	82,5	90,0	90,0	200,0	393,39
-52																		
1	Felice Sara	Alex Club Powerlifting	1990	51,79	125,0	-135,0	-135,0	125,0	72,5	-77,5	-77,5	72,5	122,5	127,5	-135,0	127,5	325,0	619,45
2	Volpato Chiara	Strenghtlab Padova	1994	51,37	-90,0	-95,0	95,0	95,0	55,0	60,0	-65,0	60,0	135,0	142,5	150,0	150,0	305,0	581,53
3	Curto Valeria	Asd Palestra Popolare	1991	49,82	-97,5	102,5	107,5	107,5	65,0	-67,5	-67,5	65,0	117,5	125,0	-137,5	125,0	297,5	575,70
4	Zaghi Alessandra	La Forza Power Team	1995	51,84	80,0	87,5	92,5	92,5	45,0	50,0	52,5	52,5	125,0	135,0	145,0	145,0	290,0	548,39
5	Baraldi Beatrice	S S Lazio Powerlifting	1991	49,02	-85,0	-85,0	90,0	90,0	65,0	-70,0	-72,5	65,0	95,0	102,5	110,0	110,0	265,0	512,50
6	Zaru Lara	Silverbacks Torino	1985	51,19	-90,0	90,0	-100,0	90,0	45,0	-47,5	47,5	47,5	120,0	-127,5	-127,5	120,0	257,5	485,77
7	Billi Martina	Barbarian's Power Club	1992	49,83	100,0	107,5	-110,0	107,5	50,0	52,5	-55,0	52,5	92,5	-102,5	-102,5	92,5	252,5	482,11
8	Scarmiglia Giuliana	Forma Club Monza	1992	49,99	82,5	87,5	-90,0	87,5	50,0	-52,5	52,5	52,5	90,0	95,0	100,0	100,0	240,0	455,40
9	Casto Valerie	S S Lazio Powerlifting	1991	52,00	70,0	75,0	-80,0	75,0	40,0	-45,0	45,0	45,0	87,5	95,0	100,0	100,0	220,0	406,34
10	Congiu Lucia	Selezione Atletica Pesante	1990	50,82	62,5	67,5	72,5	72,5	35,0	37,5	-40,0	37,5	75,0	80,0	90,0	90,0	200,0	369,71
-57																		
1	Presenti Valentina	Selezione Atletica Pesante	1991	55,52	-130,0	130,0	135,5	135,5	77,5	82,5	-85,0	82,5	140,0	150,0	162,5	162,5	380,5	704,18
2	Leugio Alessia	Lions Powerlifting Livorno	1990	56,12	-130,0	-132,5	132,5	132,5	75,0	77,5	-80,0	77,5	160,0	-170,0	170,0	170,0	380,0	699,20
3	Squillante Benedetta	Heart Of Steel Powerlifting	1995	55,64	122,5	-130,0	135,0	135,0	87,5	-92,5	94,0	94,0	140,0	150,0	-155,0	150,0	379,0	700,48
4	Brunelli Marta	Forma Club Monza	1991	55,99	110,0	117,5	122,5	122,5	60,0	67,5	-70,0	67,5	140,0	150,0	160,0	160,0	350,0	642,52
5	Guidi Elisa	Barbarian's Power Club	1982	55,24	125,0	132,5	137,5	137,5	62,5	70,0	-75,0	70,0	135,0	-140,0	-140,0	135,0	342,5	632,55
6	Naldi Silvia	Barbarian's Power Club	1995	55,86	-125,0	130,0	-135,0	130,0	65,0	67,5	-70,0	67,5	142,5	145,0	-150,0	145,0	342,5	628,89
7	Veniani Alice	Asd Provivirus Prato	1980	56,80	-120,0	127,5	-132,5	127,5	65,0	70,0	-72,5	70,0	140,0	-142,5	0,0	140,0	337,5	614,01
8	Resi Erika	Asd Provivirus Prato	1990	55,04	110,0	115,0	120,0	120,0	60,0	62,5	-67,5	62,5	135,0	142,5	147,5	147,5	330,0	609,51
9	Segreto Claudia	Powerlifting Magenta Mi	1991	56,49	115,0	-122,5	-122,5	115,0	-90,0	-90,0	90,0	90,0	125,0	-135,0	-135,0	125,0	330,0	601,43
10	Zamarra Virginia	La Forza Power Team	1995	56,75	102,5	107,5	110,0	110,0	62,5	67,5	-70,0	67,5	140,0	150,0	-160,0	150,0	327,5	595,28

Firma Arbitri

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11	Cicchiniè Barbara	La Forza Power Team	1987	56,87	122,5	-127,5	-127,5	122,5	52,5	57,5	-60,0	57,5	135,0	142,5	145,0	145,0	325,0	589,90
12	Amodeo Alessia	Forma Club Monza	1992	55,33	115,0	-120,0	-120,0	115,0	75,0	80,0	-82,5	80,0	-120,0	120,0	-125,0	120,0	315,0	578,85
13	Santella Laura	X 3 M Lift Asd Villadose	1989	54,98	102,5	107,5	-112,5	107,5	57,5	62,5	-65,0	62,5	130,0	-137,5	137,5	137,5	307,5	566,17
14	Tolomelli Greta	Eurolifters Bologna	1994	56,94	110,0	115,0	-120,0	115,0	42,5	-47,5	-47,5	42,5	135,0	145,0	150,0	150,0	307,5	556,34
15	Do Nascimento Katia Silvia	Strenghtlab Padova	1983	56,00	107,5	112,5	117,5	117,5	45,0	50,0	-55,0	50,0	132,5	-142,5	-142,5	132,5	300,0	546,57
16	Spiazzi Martina	Elite Verona Powerlifting	1991	56,93	-100,0	105,0	110,0	110,0	55,0	57,5	60,0	60,0	120,0	125,0	130,0	130,0	300,0	542,16
17	Barbiero Valentina	Strenghtlab Padova	1982	54,00	90,0	95,0	-100,0	95,0	67,5	72,5	75,0	75,0	115,0	-122,5	122,5	122,5	292,5	541,92
18	Bianchi Eleonora	Asd Provivirus Prato	1985	54,55	85,0	90,0	-95,0	90,0	50,0	-55,0	-55,0	50,0	135,0	145,0	150,0	150,0	290,0	534,28
19	Ricucci Maria	Bullet Proof Powerlifting	1992	55,01	82,5	87,5	95,0	95,0	60,0	65,0	-67,5	65,0	110,0	117,5	125,0	125,0	285,0	522,35
20	Lamanna Carla	Powerlifting Castiglione	1983	54,49	77,5	82,5	87,5	87,5	60,0	65,0	67,5	67,5	110,0	117,5	125,0	125,0	280,0	515,05
21	Zeni Francesca	Elite Verona Powerlifting	1994	53,16	100,0	105,0	-107,5	105,0	45,0	-47,5	-50,0	45,0	120,0	127,5	-135,0	127,5	277,5	516,48
22	Robustelli Primula	Barbarian's Power Club	1993	55,77	-105,0	-110,0	110,0	110,0	-55,0	55,0	-60,0	55,0	107,5	112,5	-117,5	112,5	277,5	504,42
23	Rosorani Annalisa	Boars Powerlifting Pesaro	1987	55,56	-95,0	-95,0	95,0	95,0	-55,0	-55,0	57,5	57,5	115,0	120,0	-125,0	120,0	272,5	495,70
24	Aschedamini Martina	Toplifters Milano	1992	54,89	90,0	-97,5	100,0	100,0	45,0	50,0	-52,5	50,0	105,0	110,0	115,0	115,0	265,0	484,04
25	Costa Alessia	Powerlifting Genova	1988	55,66	75,0	82,5	-90,0	82,5	52,5	55,0	-57,5	55,0	115,0	122,5	127,5	127,5	265,0	480,83
26	Falcinelli Stefania	La Forza Power Team	1985	54,78	-90,0	90,0	95,0	95,0	50,0	-55,0	-55,0	50,0	110,0	115,0	-122,5	115,0	260,0	474,78
27	Bona Eleonora	Strenghtlab Padova	1994	55,22	80,0	85,0	-90,0	85,0	45,0	-50,0	50,0	50,0	107,5	115,0	117,5	117,5	252,5	458,46
28	Mattisek Virginia	Heart Of Steel Powerlifting	1988	56,15	75,0	80,0	87,5	87,5	45,0	50,0	-52,5	50,0	90,0	100,0	107,5	107,5	245,0	440,56
29	Modugno Stefania	Forma Club Monza	1990	56,73	90,0	-95,0	-95,0	90,0	37,5	40,0	42,5	42,5	100,0	110,0	-115,0	110,0	242,5	433,76
Fg	Para Emanuela	S S Lazio Powerlifting	1982	55,51	-92,5	92,5	-100,0	92,5	-55,0	-55,0	-55,0	0,0	135,0	142,5	150,0	150,0	0,0	-29,74

-63

1	Garra Carola	S S Lazio Powerlifting	1994	63,00	160,0	-170,0	175,0	175,0	115,0	125,0	130,0	130,0	160,0	175,0	-191,0	175,0	480,0	837,21
2	Orlando Eugenia	Strenghtlab Padova	1989	62,68	-140,0	140,0	145,0	145,0	85,0	87,5	90,0	90,0	157,5	165,0	170,0	170,0	405,0	705,55
3	Lussignoli Claudia	Powerlifting Castiglione	1988	60,87	-135,0	-135,0	135,0	135,0	57,5	62,5	-65,0	62,5	142,5	152,5	160,0	160,0	357,5	629,67
4	Cominotti Giulia	Powerlifting Castiglione	1994	58,96	110,0	-117,5	117,5	117,5	65,0	70,0	72,5	72,5	142,5	-150,0	152,5	152,5	342,5	611,90
5	Palladino Ersilia	Asd Arezzo Powerlifting-	1980	61,14	92,5	97,5	110,0	110,0	62,5	67,5	-70,0	67,5	150,0	160,0	165,0	165,0	342,5	601,12
6	Scuderi Irene	Forma Club Monza	1995	61,52	125,0	-132,5	132,5	132,5	-65,0	65,0	-70,0	65,0	130,0	140,0	-145,0	140,0	337,5	590,30
7	De Marco Chiara Maria	Selezione Atletica Pesante	1986	62,24	112,5	117,5	-120,0	117,5	55,0	57,5	60,0	60,0	142,5	150,0	-155,0	150,0	327,5	569,12
8	Ottolina Beatrice	Barbarian's Power Club	1995	57,45	105,0	112,5	120,0	120,0	57,5	62,5	-70,0	62,5	120,0	130,0	-137,5	130,0	312,5	563,34

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9	Imbriaco Serena	Forma Club Monza	1991	60,34	90,0	-97,5	97,5	97,5	80,0	-85,0	-85,0	80,0	130,0	-142,5	-142,5	130,0	307,5	541,01
10	Sartin Denise	X 3 M Lift Asd Villadose	1994	61,79	100,0	-110,0	-110,0	100,0	72,5	75,0	77,5	77,5	117,5	125,0	-130,0	125,0	302,5	526,05
11	Marchionne Ilaria	Forma Club Monza	1986	61,92	95,0	-102,5	-105,0	95,0	65,0	-70,0	-70,0	65,0	130,0	140,0	-150,0	140,0	300,0	521,05
12	Rinero Natascia	Barbarian's Power Club	1988	60,56	102,5	110,0	-115,0	110,0	60,0	65,0	-67,5	65,0	112,5	120,0	-125,0	120,0	295,0	517,30
13	Lobriglio Diana	S S Lazio Powerlifting	1986	62,28	100,0	105,0	-110,0	105,0	57,5	60,0	-62,5	60,0	120,0	130,0	-140,0	130,0	295,0	510,72
14	Golinelli Licia	Barbarian's Power Club	1980	60,93	90,0	100,0	107,5	107,5	52,5	-55,0	-57,5	52,5	122,5	127,5	130,0	130,0	290,0	506,76
15	Parolari Chiara	Barbarian's Power Club	1992	62,87	-90,0	-90,0	90,0	90,0	60,0	65,0	-67,5	65,0	115,0	125,0	132,5	132,5	287,5	495,19
16	Fazzi Lidia	Elite Verona Powerlifting	1993	59,46	107,5	-112,5	-112,5	107,5	55,0	-57,5	-57,5	55,0	110,0	117,5	122,5	122,5	285,0	503,28
17	Squillace Chiara	La Forza Power Team	1992	61,75	-90,0	95,0	-100,0	95,0	-50,0	52,5	-55,0	52,5	115,0	125,0	130,0	130,0	277,5	481,18
18	Castagnetti Pierina Maria	X 3 M Lift Asd Villadose	1985	59,57	87,5	92,5	-97,5	92,5	55,0	-57,5	-57,5	55,0	115,0	120,0	125,0	125,0	272,5	479,82
19	Meshau Arianna	Powerlifting Magenta Mi	1986	61,19	80,0	87,5	92,5	92,5	50,0	57,5	-62,5	57,5	110,0	120,0	-130,0	120,0	270,0	469,55
20	Ferroglio Cristina	Barbarian's Power Club	1993	61,26	-100,0	-100,0	100,0	100,0	47,5	50,0	-55,0	50,0	107,5	117,5	120,0	120,0	270,0	469,31
21	Rizzolo Francesca	Barbarian's Power Club	1988	58,99	90,0	95,0	-100,0	95,0	55,0	57,5	-60,0	57,5	100,0	107,5	112,5	112,5	265,0	468,06
22	Della Ragione Ilaria	S S Lazio Powerlifting	1992	58,57	85,0	-90,0	90,0	90,0	45,0	50,0	-52,5	50,0	115,0	120,0	-125,0	120,0	260,0	460,27
23	Boetti Valentina	Forma Club Monza	1995	59,44	80,0	-85,0	85,0	85,0	40,0	45,0	-47,5	45,0	85,0	92,5	95,0	95,0	225,0	392,67
24	Del Vecchio Nicole	Barbarian's Power Club	1990	61,41	72,5	-77,5	80,0	80,0	45,0	-47,5	-47,5	45,0	82,5	90,0	95,0	95,0	220,0	378,44
25	Viel Alice	Barbarian's Power Club	1983	60,50	70,0	75,0	80,0	80,0	32,5	37,5	-40,0	37,5	75,0	87,5	92,5	92,5	210,0	362,46
Fg	Del Rio Ilaria	Asd Provivirus Prato	1992	60,44	117,5	125,0	130,0	130,0	80,0	82,5	-85,0	82,5	-172,5	-172,5	-172,5	0,0	0,0	-20,77

-72

1	Mazzantini Sara	La Forza Power Team	1990	65,93	160,0	170,0	175,5	175,5	97,5	102,5	-107,5	102,5	190,0	200,0	213,0	213,0	491,0	837,24
2	Mineo Verdiana	Asd Palestra Popolare	1991	70,48	135,0	150,0	160,0	160,0	75,0	80,0	82,5	82,5	145,0	155,0	167,5	167,5	410,0	675,59
3	Gambaretto Lorena	Vikings Veneto PI Baone	1985	69,55	125,0	132,5	-137,5	132,5	70,0	72,5	75,0	75,0	167,5	180,0	185,0	185,0	392,5	650,38
4	Trapani Vincenza	Alex Club Powerlifting	1992	66,75	145,0	150,0	152,5	152,5	72,5	77,5	80,0	80,0	140,0	150,0	157,5	157,5	390,0	658,59
5	Quaranta Alessandra	S S Lazio Powerlifting	1993	70,80	125,0	132,5	-137,5	132,5	70,0	75,0	77,5	77,5	150,0	160,0	175,0	175,0	385,0	632,70
6	Ghezzi Roberta	Asd Provivirus Prato	1988	68,99	147,5	152,5	-157,5	152,5	67,5	70,0	-72,5	70,0	145,0	152,5	160,0	160,0	382,5	635,94
7	Marzadro Eleonora	Powerlifting Genova	1990	72,00	130,0	135,0	-140,0	135,0	92,5	95,0	-97,5	95,0	140,0	145,0	150,0	150,0	380,0	619,75
8	Gubernati Michela	Barbarian's Power Club	1981	70,53	127,5	132,5	-137,5	132,5	67,5	70,0	-72,5	70,0	152,5	160,0	-170,0	160,0	362,5	596,35
9	Catalano Valentina	Selezione Atletica Pesante	1992	67,56	115,0	120,0	-125,0	120,0	65,0	70,0	-72,5	70,0	142,5	150,0	160,0	160,0	350,0	586,65
10	Zenari Nadia	Elite Verona Powerlifting	1987	64,66	117,5	122,5	125,0	125,0	57,5	60,0	62,5	62,5	145,0	152,5	-157,5	152,5	340,0	581,06

Firma Arbitri

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Atleta	Società	A N	P P	Sq1	Sq2	Sq3	Bsq	Pa1	Pa2	Pa3	Bpa	St1	St2	St3	Bst	Tot	IpF Points	
11	Ogheri Francesca	Elite Verona Powerlifting	1991	69,31	-125,0	-125,0	125,0	125,0	72,5	75,0	77,5	77,5	132,5	137,5	-145,0	137,5	340,0	563,18
12	Marzullo Martina	Powerlifting Magenta Mi	1989	64,10	-115,0	115,0	120,0	120,0	65,0	67,5	70,0	70,0	137,5	145,0	-150,0	145,0	335,0	574,60
13	Mobilio Lorena	S S Lazio Powerlifting	1994	67,51	100,0	110,0	-117,5	110,0	67,5	72,5	75,0	75,0	125,0	140,0	-155,0	140,0	325,0	544,18
Fg	Dini Caterina	Boars Powerlifting Pesaro	1987	68,79	-95,0	-95,0	-102,5	0,0	67,5	70,0	-75,0	70,0	135,0	-140,0	-140,0	135,0	0,0	-8,83

-84

1	Barbieri Valentina	Forma Club Monza	1989	80,14	177,5	185,0	192,5	192,5	-77,5	80,0	87,5	87,5	195,0	205,0	211,0	211,0	491,0	764,16
2	Parrello Francesca	Forma Club Monza	1994	76,58	160,0	170,0	175,0	175,0	87,5	-92,5	-92,5	87,5	190,0	200,0	206,0	206,0	468,5	744,03
3	Bellini Elisa	Forma Club Monza	1988	79,49	140,0	150,0	160,0	160,0	95,0	100,5	-105,0	100,5	150,0	160,0	165,0	165,0	425,5	664,93
4	Torrisi Luisa	Vikings Veneto PI Baone	1982	72,20	140,0	147,5	152,5	152,5	77,5	-82,5	82,5	82,5	152,5	160,0	-167,5	160,0	395,0	643,62
5	Gobbi Silvia	Strenghtlab Padova	1992	76,89	-130,0	130,0	-140,0	130,0	80,0	-82,5	-82,5	80,0	160,0	167,5	-170,0	167,5	377,5	598,45
6	Dell' Aversana Valentina	Selezione Atletica Pesante	1995	72,43	125,0	130,0	-135,0	130,0	62,5	65,0	-67,5	65,0	165,0	175,0	-190,0	175,0	370,0	601,74
7	Crispino Giulia	Powerlifting Genova	1986	82,09	130,0	135,0	140,0	140,0	65,0	70,0	75,0	75,0	140,0	145,0	152,5	152,5	367,5	567,21
8	Ballardin Maria Vittoria	Vikings Veneto PI Baone	1990	79,37	105,0	115,0	125,0	125,0	67,5	-72,5	-72,5	67,5	125,0	135,0	-145,0	135,0	327,5	512,68
9	Zoratto Elisa	S S Lazio Powerlifting	1982	81,47	110,0	-115,0	-115,0	110,0	65,0	-70,0	-70,0	65,0	125,0	135,0	-145,0	135,0	310,0	480,59
10	Pelliconi Chiara	Pro Vercelli Pesistica	1995	80,51	72,5	-85,0	90,0	90,0	65,0	67,5	-70,0	67,5	105,0	115,0	122,5	122,5	280,0	436,38
Fg	Boattini Carlotta	Barbarian's Power Club	1992	79,51	-110,0	-110,0	-110,0	0,0	55,0	60,0	-65,0	60,0	130,0	-140,0	-150,0	130,0	0,0	2,56

+84

1	Pettina Alessia	Elite Verona Powerlifting	1987	96,91	-145,0	150,0	153,0	153,0	77,5	83,0	85,5	85,5	155,0	163,5	170,0	170,0	408,5	590,25
2	Massotti Federica	S S Lazio Powerlifting	1994	86,92	-142,5	150,0	153,5	153,5	72,5	-77,5	80,0	80,0	155,0	-168,5	-168,5	155,0	388,5	585,81
3	Taccone Simona Chiara	Vikings Veneto PI Baone	1988	107,32	125,0	130,0	140,0	140,0	70,0	72,5	-75,0	72,5	145,0	157,5	-166,5	157,5	370,0	517,27
4	De Mattia Antonella	La Forza Power Team	1981	91,35	125,0	130,0	132,5	132,5	55,0	60,0	65,0	65,0	135,0	150,0	-157,5	150,0	347,5	515,27
5	Ongaro Alba	Forma Club Monza	1991	94,67	110,0	-120,0	-120,0	110,0	70,0	-75,0	-75,0	70,0	140,0	155,0	160,0	160,0	340,0	497,98

Firma Arbitri

Capopedana:

Laterale

Laterale



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Assoluto

Atleta	Società	Anno N.	P P	Cat	Cat Età	Totale	Coeff	lpf Points
Mazzantini Sara	La Forza Power Team Reggio	1990	65,93	-72	Senior	491,0	1,0382	837,24
Garra Carola	S S Lazio Powerlifting Roma	1994	63,00	-63	Senior	480,0	1,0740	837,21
Barbieri Valentina	Forma Club Monza	1989	80,14	-84	Senior	491,0	0,9141	764,16
Parrello Francesca	Forma Club Monza	1994	76,58	-84	Senior	468,5	0,9385	744,03
Orlando Eugenia	Strenghtlab Padova	1989	62,68	-63	Senior	405,0	1,0781	705,55
Presenti Valentina	Selezione Atletica Pesante	1991	55,52	-57	Senior	380,5	1,1846	704,18
Squillante Benedetta	Heart Of Steel Powerlifting	1995	55,64	-57	Senior	379,0	1,1826	700,48
Leugio Alessia	Lions Powerlifting Livorno	1990	56,12	-57	Senior	380,0	1,1746	699,20
Mineo Verdiana	Asd Palestra Popolare	1991	70,48	-72	Senior	410,0	0,9902	675,59
Bellini Elisa	Forma Club Monza	1988	79,49	-84	Senior	425,5	0,9183	664,93
Trapani Vincenza	Alex Club Powerlifting Milano	1992	66,75	-72	Senior	390,0	1,0289	658,59
Gambaretto Lorena	Vikings Veneto PI Baone Pd	1985	69,55	-72	Senior	392,5	0,9993	650,38
Torrisi Luisa	Vikings Veneto PI Baone Pd	1982	72,20	-84	Senior	395,0	0,9742	643,62
Brunelli Marta	Forma Club Monza	1991	55,99	-57	Senior	350,0	1,1768	642,52
Ghezzi Roberta	Asd Provivirus Prato	1988	68,99	-72	Senior	382,5	1,0049	635,94
Quaranta Alessandra	S S Lazio Powerlifting Roma	1993	70,80	-72	Senior	385,0	0,9871	632,70
Guidi Elisa	Barbarian's Power Club	1982	55,24	-57	Senior	342,5	1,1893	632,55
Randone Rachele	Asd Bellavista Bologna	1985	45,78	-47	Senior	310,0	1,3703	631,68
Lussignoli Claudia	Powerlifting Castiglione D\l	1988	60,87	-63	Senior	357,5	1,1026	629,67
Naldi Silvia	Barbarian's Power Club	1995	55,86	-57	Senior	342,5	1,1789	628,89
Marzadro Eleonora	Powerlifting Genova	1990	72,00	-72	Senior	380,0	0,9760	619,75
Felice Sara	Alex Club Powerlifting Milano	1990	51,79	-52	Senior	325,0	1,2505	619,45
Veniani Alice	Asd Provivirus Prato	1980	56,80	-57	Senior	337,5	1,1636	614,01
Cominotti Giulia	Powerlifting Castiglione D\l	1994	58,96	-63	Senior	342,5	1,1301	611,90
Resi Erika	Asd Provivirus Prato	1990	55,04	-57	Senior	330,0	1,1927	609,51
Dell' Aversana Valentina	Selezione Atletica Pesante	1995	72,43	-84	Senior	370,0	0,9722	601,74
Segreto Claudia	Powerlifting Magenta Mi	1991	56,49	-57	Senior	330,0	1,1686	601,43
Palladino Ersilia	Asd Arezzo Powerlifting-	1980	61,14	-63	Senior	342,5	1,0988	601,12
Gobbi Silvia	Strenghtlab Padova	1992	76,89	-84	Senior	377,5	0,9362	598,45
Gubernati Michela	Barbarian's Power Club	1981	70,53	-72	Senior	362,5	0,9897	596,35
Zamarra Virginia	La Forza Power Team Reggio	1995	56,75	-57	Senior	327,5	1,1644	595,28
Scuderi Irene	Forma Club Monza	1995	61,52	-63	Senior	337,5	1,0936	590,30
Pettna Alessia	Elite Verona Powerlifting	1987	96,91	+84	Senior	408,5	0,8407	590,25



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2° TRIALS CLASSIC SENIOR DI POWERLIFTING

13-30 GIUGNO 2019

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Assoluto

Atleta	Società	Anno N.	P P	Cat	Cat Età	Totale	Coeff	lpf Points
Cicchiné Barbara	La Forza Power Team Reggio	1987	56,87	-57	Senior	325,0	1,1625	589,90
Catalano Valentina	Selezione Atletica Pesante	1992	67,56	-72	Senior	350,0	1,0200	586,65
Massotti Federica	S S Lazio Powerlifting Roma	1994	86,92	+84	Senior	388,5	0,8773	585,81
Volpato Chiara	Strenghtlab Padova	1994	51,37	-52	Senior	305,0	1,2584	581,53
Zenari Nadia	Elite Verona Powerlifting	1987	64,66	-72	Senior	340,0	1,0532	581,06
Amodeo Alessia	Forma Club Monza	1992	55,33	-57	Senior	315,0	1,1878	578,85
Curto Valeria	Asd Palestra Popolare	1991	49,82	-52	Senior	297,5	1,2881	575,70
Marzullo Martina	Powerlifting Magenta Mi	1989	64,10	-72	Senior	335,0	1,0601	574,60
De Marco Chiara Maria	Selezione Atletica Pesante	1986	62,24	-63	Senior	327,5	1,0839	569,12
Crispino Giulia	Powerlifting Genova	1986	82,09	-84	Senior	367,5	0,9023	567,21
Santella Laura	X 3 M Lift Asd Villadose	1989	54,98	-57	Senior	307,5	1,1937	566,17
Ottolina Beatrice	Barbarian's Power Club	1995	57,45	-63	Senior	312,5	1,1533	563,34
Ogheri Francesca	Elite Verona Powerlifting	1991	69,31	-72	Senior	340,0	1,0017	563,18
Busellato Lisa	Vikings Veneto PI Baone Pd	1983	46,14	-47	Senior	277,5	1,3628	557,24
Tolomelli Greta	Eurolifters Bologna	1994	56,94	-57	Senior	307,5	1,1614	556,34
Galimberti Chiara	Forma Club Monza	1994	44,37	-47	Senior	271,0	1,4002	555,36
Zaghi Alessandra	La Forza Power Team Reggio	1995	51,84	-52	Senior	290,0	1,2496	548,39
Do Nascimento Katia Silvia	Strenghtlab Padova	1983	56,00	-57	Senior	300,0	1,1766	546,57
Mobilio Lorena	S S Lazio Powerlifting Roma	1994	67,51	-72	Senior	325,0	1,0205	544,18
Spiazzi Martina	Elite Verona Powerlifting	1991	56,93	-57	Senior	300,0	1,1615	542,16
Barbiero Valentina	Strenghtlab Padova	1982	54,00	-57	Senior	292,5	1,2106	541,92
Imbriaco Serena	Forma Club Monza	1991	60,34	-63	Senior	307,5	1,1100	541,01
Bianchi Eleonora	Asd Provivirus Prato	1985	54,55	-57	Senior	290,0	1,2010	534,28
Deidda Barbara	Elite Verona Powerlifting	1981	44,40	-47	Senior	260,0	1,3995	530,21
Sartin Denise	X 3 M Lift Asd Villadose	1994	61,79	-63	Senior	302,5	1,0899	526,05
Ricucci Maria	Bullet Proof Powerlifting	1992	55,01	-57	Senior	285,0	1,1932	522,35
Marchionne Ilaria	Forma Club Monza	1986	61,92	-63	Senior	300,0	1,0882	521,05
Rinero Natascia	Barbarian's Power Club	1988	60,56	-63	Senior	295,0	1,1069	517,30
Taccone Simona Chiara	Vikings Veneto PI Baone Pd	1988	107,32	+84	Senior	370,0	0,8175	517,27
Zeni Francesca	Elite Verona Powerlifting	1994	53,16	-57	Senior	277,5	1,2255	516,48
De Mattia Antonella	La Forza Power Team Reggio	1981	91,35	+84	Senior	347,5	0,8589	515,27
Lamanna Carla	Powerlifting Castiglione D\l	1983	54,49	-57	Senior	280,0	1,2021	515,05
Ballardin Maria Vittoria	Vikings Veneto PI Baone Pd	1990	79,37	-84	Senior	327,5	0,9191	512,68



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2° TRIALS CLASSIC SENIOR DI POWERLIFTING
13-30 GIUGNO 2019

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Assoluto

Atleta	Società	Anno N.	P P	Cat	Cat Età	Totale	Coeff	lpf Points
Baraldi Beatrice	S S Lazio Powerlifting Roma	1991	49,02	-52	Senior	265,0	1,3039	512,50
Lobriglio Diana	S S Lazio Powerlifting Roma	1986	62,28	-63	Senior	295,0	1,0834	510,72
Golinelli Licia	Barbarian's Power Club	1980	60,93	-63	Senior	290,0	1,1017	506,76
Robustelli Primula	Barbarian's Power Club	1993	55,77	-57	Senior	277,5	1,1804	504,42
Fazzi Lidia	Elite Verona Powerlifting	1993	59,46	-63	Senior	285,0	1,1227	503,28
Ongaro Alba	Forma Club Monza	1991	94,67	+84	Senior	340,0	0,8474	497,98
Rosorani Annalisa	Boars Powerlifting Pesaro	1987	55,56	-57	Senior	272,5	1,1839	495,70
Parolari Chiara	Barbarian's Power Club	1992	62,87	-63	Senior	287,5	1,0756	495,19
Zaru Lara	Silverbacks Torino	1985	51,19	-52	Senior	257,5	1,2618	485,77
Aschedamini Martina	Toplifters Milano	1992	54,89	-57	Senior	265,0	1,1952	484,04
Billi Martina	Barbarian's Power Club	1992	49,83	-52	Senior	252,5	1,2880	482,11
Squillace Chiara	La Forza Power Team Reggio	1992	61,75	-63	Senior	277,5	1,0905	481,18
Costa Alessia	Powerlifting Genova	1988	55,66	-57	Senior	265,0	1,1822	480,83
Zoratto Elisa	S S Lazio Powerlifting Roma	1982	81,47	-84	Senior	310,0	0,9060	480,59
Castagnetti Pierina Maria	X 3 M Lift Asd Villadose	1985	59,57	-63	Senior	272,5	1,1211	479,82
Falcinelli Stefania	La Forza Power Team Reggio	1985	54,78	-57	Senior	260,0	1,1971	474,78
Meshau Arianna	Powerlifting Magenta Mi	1986	61,19	-63	Senior	270,0	1,0981	469,55
Ferroglio Cristina	Barbarian's Power Club	1993	61,26	-63	Senior	270,0	1,0972	469,31
Rizzolo Francesca	Barbarian's Power Club	1988	58,99	-63	Senior	265,0	1,1297	468,06
Della Ragione Ilaria	S S Lazio Powerlifting Roma	1992	58,57	-63	Senior	260,0	1,1360	460,27
Bona Eleonora	Strenghtlab Padova	1994	55,22	-57	Senior	252,5	1,1896	458,46
Scarmiglia Giuliana	Forma Club Monza	1992	49,99	-52	Senior	240,0	1,2848	455,40
Mattisek Virginia	Heart Of Steel Powerlifting	1988	56,15	-57	Senior	245,0	1,1741	440,56
Pelliconi Chiara	Pro Vercelli Pesistica Vercelli	1995	80,51	-84	Senior	280,0	0,9118	436,38
Modugno Stefania	Forma Club Monza	1990	56,73	-57	Senior	242,5	1,1647	433,76
Casto Valerie	S S Lazio Powerlifting Roma	1991	52,00	-52	Senior	220,0	1,2466	406,34
Illari Lui Bianca	Bullet Proof Powerlifting	1995	44,59	-47	Senior	200,0	1,3955	393,39
Boetti Valentina	Forma Club Monza	1995	59,44	-63	Senior	225,0	1,1230	392,67
Del Vecchio Nicole	Barbarian's Power Club	1990	61,41	-63	Senior	220,0	1,0951	378,44
Congiu Lucia	Selezione Atletica Pesante	1990	50,82	-52	Senior	200,0	1,2688	369,71
Viel Alice	Barbarian's Power Club	1983	60,50	-63	Senior	210,0	1,1078	362,46
Boattini Carlotta	Barbarian's Power Club	1992	79,51	-84	Senior	0,0	0,9182	2,56
Dini Caterina	Boars Powerlifting Pesaro	1987	68,79	-72	Senior	0,0	1,0070	-8,83



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Atleta	Società	Anno N.	P P	Cat	Cat Età	Totale	Coeff	Ipf Points
Del Rio Ilaria	Asd Provivirus Prato	1992	60,44	-63	Senior	0,0	1,1086	-20,77
Para Emanuela	S S Lazio Powerlifting Roma	1982	55,51	-57	Senior	0,0	1,1847	-29,74

Records Squat

Best

Sj Ju Se M1 M2 M3 M4

Senior

-57	Guidi Elisa	137,5	<input type="checkbox"/>	<input type="checkbox"/>	1	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
-72	Mazzantini Sara	175,5	<input type="checkbox"/>	<input type="checkbox"/>	1	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
-84	Barbieri Valentina	192,5	<input type="checkbox"/>	<input type="checkbox"/>	1	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
+84	Massotti Federica	153,5	<input type="checkbox"/>	<input type="checkbox"/>	1	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Records Panca

Best

Sj Ju Se M1 M2 M3 M4

Senior

-47	Galimberti Chiara	66,0	<input type="checkbox"/>	<input type="checkbox"/>	1	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
-57	Squillante Benedetta	94,0	<input type="checkbox"/>	<input type="checkbox"/>	1	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
-84	Bellini Elisa	100,5	<input type="checkbox"/>	<input type="checkbox"/>	1	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
+84	Pettna Alessia	85,5	<input type="checkbox"/>	<input type="checkbox"/>	1	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Records Stacco

Best

Sj Ju Se M1 M2 M3 M4

Senior

-47	Randone Rachele	147,5	<input type="checkbox"/>	<input type="checkbox"/>	1	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
-57	Leugio Alessia	170,0	<input type="checkbox"/>	<input type="checkbox"/>	1	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
-72	Mazzantini Sara	213,0	<input type="checkbox"/>	<input type="checkbox"/>	1	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
-84	Barbieri Valentina	211,0	<input type="checkbox"/>	<input type="checkbox"/>	1	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
+84	Pettna Alessia	170,0	<input type="checkbox"/>	<input type="checkbox"/>	1	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Records Totale

Best

Sj Ju Se M1 M2 M3 M4

Senior

-57	Presenti Valentina	380,5	<input type="checkbox"/>	<input type="checkbox"/>	1	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
-72	Mazzantini Sara	491,0	<input type="checkbox"/>	<input type="checkbox"/>	1	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
-84	Barbieri Valentina	491,0	<input type="checkbox"/>	<input type="checkbox"/>	1	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
+84	Pettna Alessia	408,5	<input type="checkbox"/>	<input type="checkbox"/>	1	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>